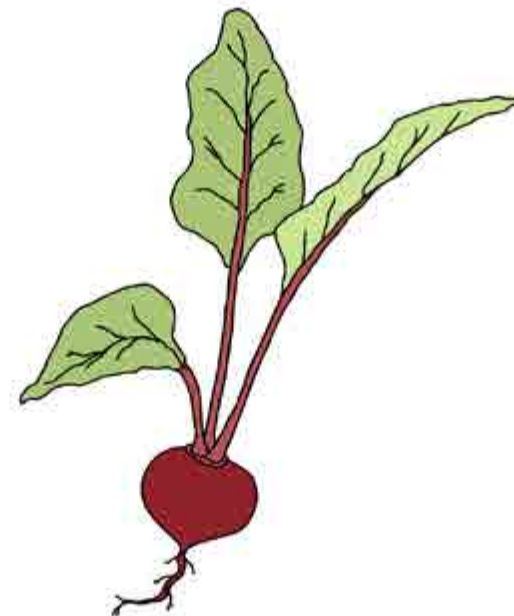


The Simple Meal Plans

10-DAY CHALLENGE



Mon Tues Wed Thurs Fri

13 JULY

20 JULY

My Target: _____ days